



**Baby Pack**  
Care Packs in Times of Isolation

# DIY

## GUIDE

# 1

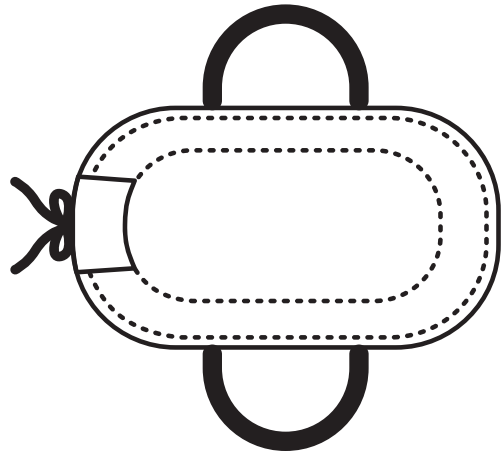
## **MATTRESS/ BASSINET**

PREPARATION GUIDE

# 2

## **TOWEL/ COTTON BATH GLOVES/ KNOTTED TOY**

PREPARATION GUIDE



# 1

## **MATTRESS/ BASSINET**

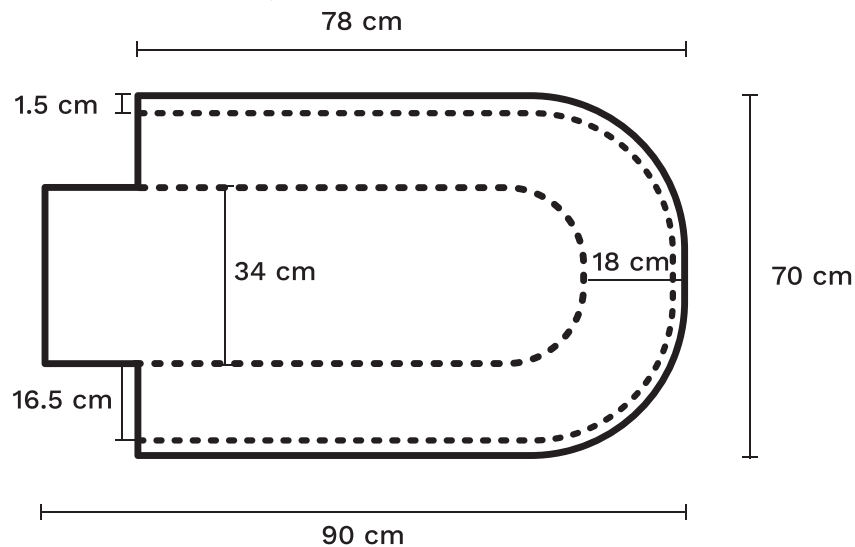
### **PREPARATION GUIDE**

#### Things you will need

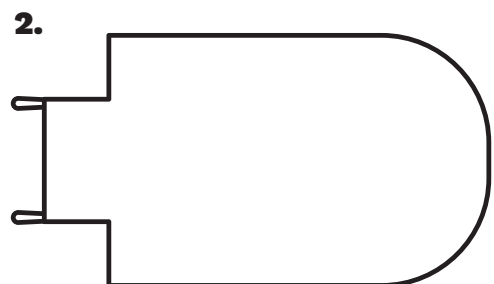
- sewing machine, needles (it is possible to prepare a handmade bassinet sewing it by hand but in this case you need to calculate with more time)
- scissors (tailor scissors, or a larger size strong pair of scissors)
- measuring tape
- thread
- 2 buttons, 1.5-2 cm diameter each
- ca. 15-20 pins
- 2 prewashed cloth, possibly with minimal synthetic content, size 75×95 cm each (if you are using residue fabric, a bedsheet cover, or a stronger canvas with natural fiber will do it)
- 2.5 m long, 5mm thick string for pulling the bassinet together
- 300-400 gr padding material (wadding or filling) or soft paper to stuff the sides
- cardboard, size 62×32 cm to stiffen the bottom (you can cut it from the top part of the package box that came with the package)
- sponge, size 62×32 cm, cca 5mm in thickness or a thick, soft cloth/textile of the same size to make the surface of the bottom soft (polar, plush, or perhaps a terrycloth)

# Preparation

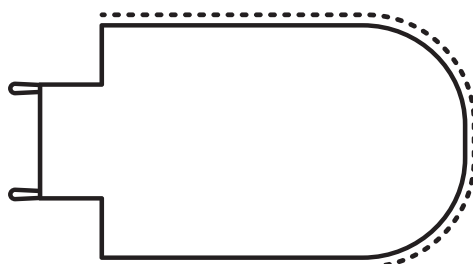
- 1 —** Cut out the pattern below from the 2 pieces of cloth/textile that you lay on top of each other by keeping the measurements but leaving 1-2 cms extra on the sides, this is called the seam allowance.



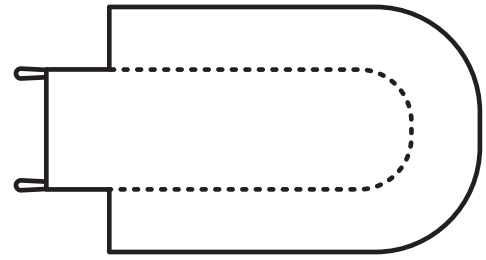
- 2 —** Hem the bottom piece all around the square flaps then stitch the two string flaps of 5cms each to the two corner points of the upper fabric. When you assemble the bibnet these will serve as button holes to fix the bottom flaps.



Turn the two fabrics inside out (wrong side) and sew the shape together all around, then turn it back to the right side when finished with sewing.



- 4 —** Following the line separating from the edges sew the bottom part around the lines you have drawn with a chalk. (For the exact measurements, see figure 1.)

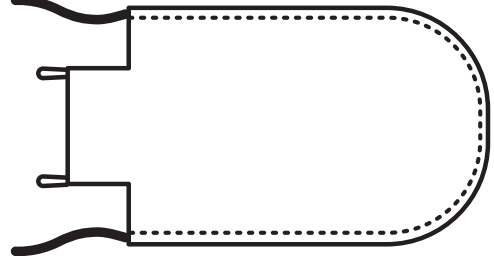


- 5 —** Place the strings inside at the marked point and sew it carefully to the fabric so that the string would be stable as it should not slip away when pulled together. Roven the string around then pin the two pieces of fabric to each other with the pins 1 cm away from the edges. The pins should be 10-15 cms from each other. When you are ready sew it together 1.5 cm from the edges by making sure that the string can move freely inside its tunnel.

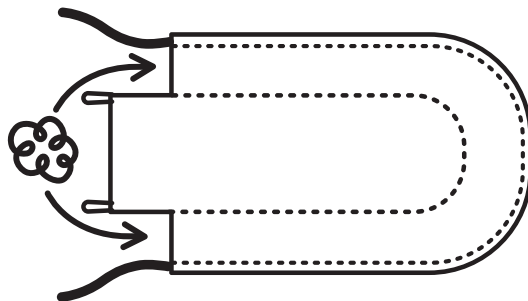
**1.**



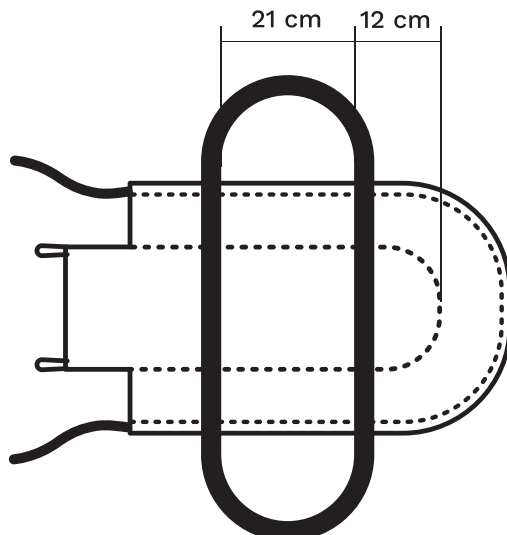
**2.**



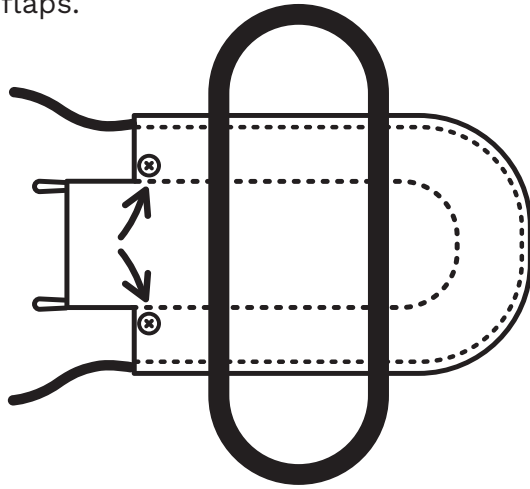
- 6 —** Stuff the sides then the edges turned inside by flattening out the tunnel shape and finish the edges each individually.



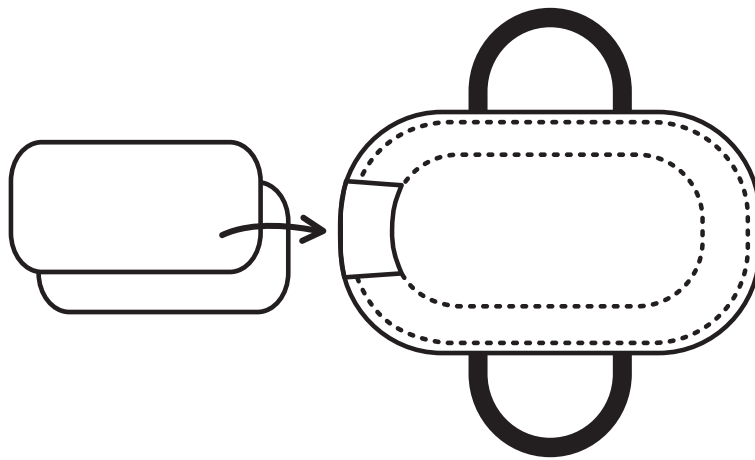
- 7 —** Sew the two ends of the strap together to get a continuous band. Fix the strap on the bottom at the four points marked by using pins. Sew the strap on these four points making sure that the two handles will be of equal length.



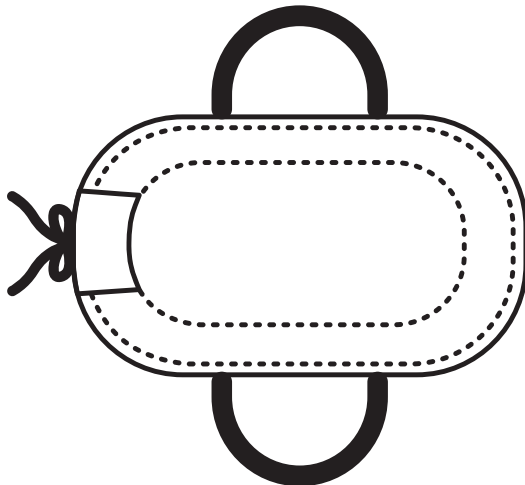
- 8** — Sew the two buttons at the marked places onto the bottom side. When you assemble the bassinet these two buttons will serve to fix the bottom flaps.



- 9** — Slide the cardboard and the sponge inside the bottom pocket.



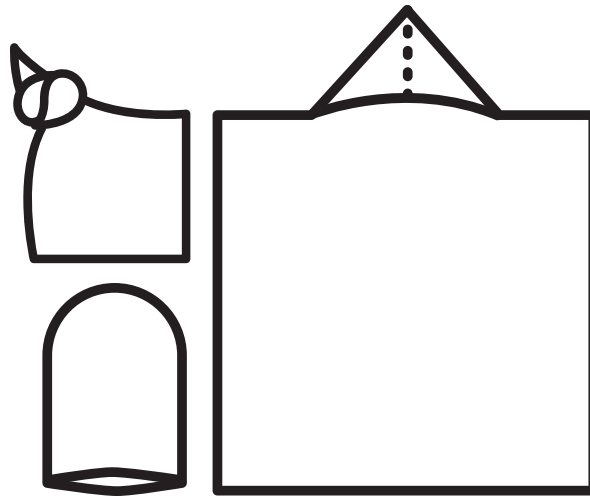
- 10** — By pulling the string together that runs around the fabric, the object will make an edge, a wall. The flap can be fixed by folding it from inside out and then buttoning it.



**Are you done?  
Super!  
Sweet dreams to the baby!**

*Suggested use for a good night sleep by pulling the walls together by the strings and by placing the bassinet into the box. For daytime games and exercises whether with the walls pulled together or not, the bassinet may be used only when placed onto a stable surface. The baby lain onto the mattress cannot be left unsupervised under any circumstances.*

*Please make sure that the baby's face is uncovered, her breathing is free and is not hindered by any object. After removing the stiff cardboard paper from the bottom, it is advisable to disinfect the bassinet by washing (at 60Celsius) and ironing it weekly. You may wash it less frequently if you use a cloth or fabric on top of the mattress to trap the stains under the baby.*



## 2

# TOWEL/ BATH GLOVES/ KNOTTED TOY

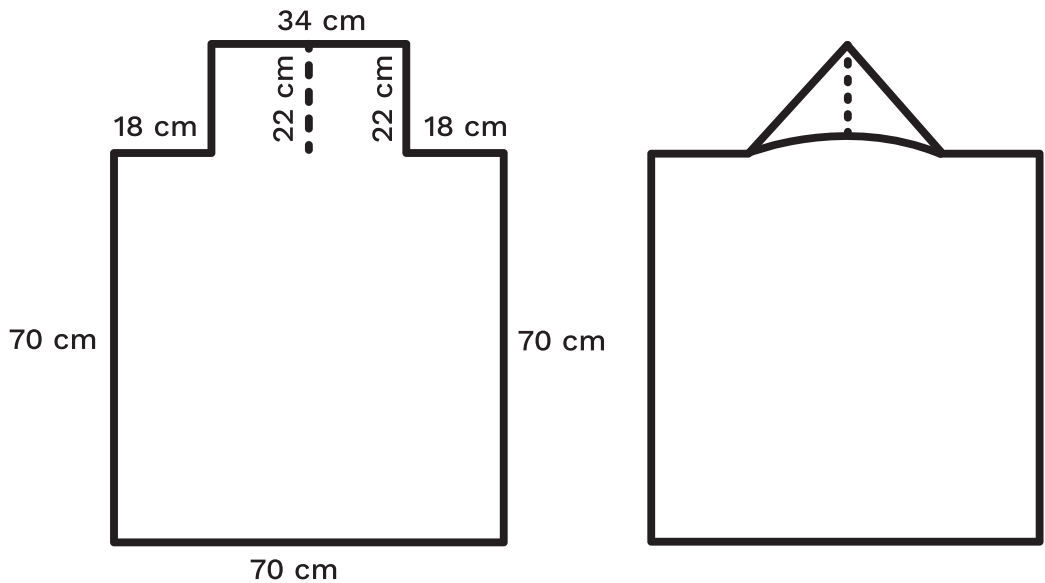
## PREPARATION GUIDE

What do you need to start?

- sewing machine, needles (it is possible to prepare a hand-made bassinet, sewing it by hand but in this case you need to calculate with more time)
- scissors (tailor scissors, or a larger size strong pair of scissors)
- measuring tape
- thread
- 2 buttons, 1,5-2 cm diameter each
- 1 possibly thin flannel towel size 70×120 cm or a prewashed terrycloth of the same size, 300-400 gr padding material (wadding or filling) or soft paper to stuff the sides
- A4 size paper sheet protector, wrapping foil or any type of washable material that rattles

# Preparing the towel

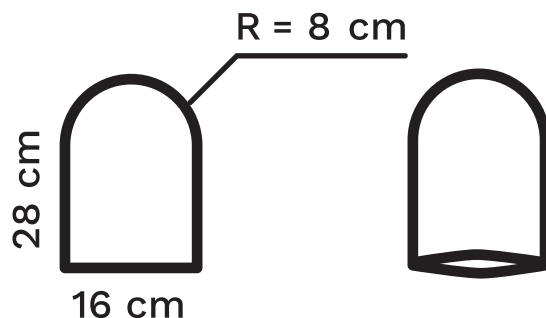
- 1** — First cut out the size of the towel from the fabric according to the measurements below.



- 2** — Cut the bulging square into two lengthwise along the dashed line.
- 3** — Fold the cut edges back and stitch them around except the cut in the middle of the hood (marked by dashed line).
- 4** — Sew the hood together along the inner side by the folds and then turn it inside out.

# Preparing the bath glove

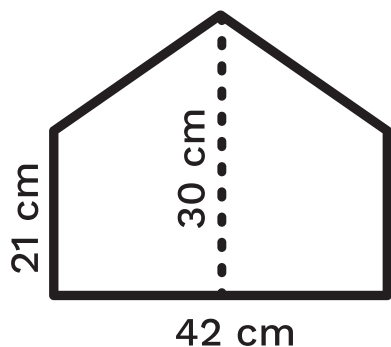
- 1** — Cut out two pieces from the left over fabric, the size is marked by the image below. (If you followed the instructions above and cut out the hood by the given size, you would have just a big enough piece left from both sides of the hood.)



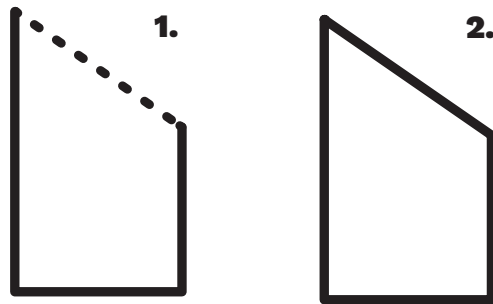
- 2** — By folding the bottom, straight edges hem them.
- 3** — By turning the fabric inside out by the hem sew the glove together. Turn it inside out. The bath glove is ready!

# Preparing the knotted toy

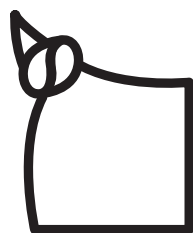
- 1** — Using the leftover fabric cut out two pieces by the size given in the image below. Lay the two pieces of fabric on top of each other and place the foil in them. If needed, you can adjust the size of the foil to the size of the fabric.



- 2** — Sew the three layers together along the edges except the side that runs diagonally (marked by dashed lines). Turn the thing inside out then by pinching the free edges together turn them inwards and sew that side together as well. This way you will not have unfinished edges that may fringe later.



- 3** — Tie the knot at the elongated corners together of the finished toy.



***Are you done? Wonderful!  
Nobody has used a home towel  
more economically!  
Have great baths and playtime!***

*After use you have to dry the towels well. We advise you to wash it after a few days in high temperature and disinfect it by ironing.*





## Baby Pack

Care Packs in Times of Isolation

# Disclaimer

*We compiled the present contents of this PDF with the greatest care.*

*Information, data, recommendations published on the MOME website and in this PDF serve exclusively as references. MOME is not liable for the information being incomplete, for possible modifications, neither for problems, damages, mistakes emerging from unprofessional/inadequate use or application.*

*Application of the Care Packages and products recommended in these kits is voluntary and may take place only on one's own responsibility. Information and data presented on the MOME website are recommendations and they do not replace consultation with pediatricians or nurses.*

*In case you need more information about features, uses of any care package/product available at the MOME webpage, or perhaps in case you have complaints, please contact us at [segitopakk@mome.hu](mailto:segitopakk@mome.hu).*

*References to other websites on the MOME webpage are also exclusively informative. MOME is not responsible for data and information published at external sites. We cannot influence contents appearing at other websites. Therefore we are not liable for illicit, fake, incorrect or incomplete contents and damage caused by using contents appearing under external sources.*

**[segitopakk.mome.hu/en](https://segitopakk.mome.hu/en)**

**MOME INNOVATION CENTER**